



\$3,000.00 in Prize money!!!
2012 BIGGEST "FAT" LOSER
COMPETITION*

WHAT: A COMPETITION to see - Which 3 person team will lose the highest combined percentage of body fat!

FORMING YOUR TEAM:

- Open to all: Current GFP clients, former clients or NEW RECRUITS!
- Must be 3-person teams - *co-ed teams ok*
- At least one team member MUST BE a non-current GFP client
- Teams of 3 non-GFP clients welcome

HOW TO WIN:

**THE WINNING TEAM WILL HAVE THE HIGHEST
COMBINED PERCENTAGE LOSS IN BODY FAT --**

Measured by our new state of the art Tanita Body Composition Analyzer

WHEN: January 30th March 24th- 8 Weeks (*PRE-CONTEST Measurements taken: January 26,27,28*)

REGISTER BY January 26th

Call 908-464-4441 or email: MICHELLE@GABRIELEFITNESS.COM

WHERE: All body fat testing at Gabriele Fitness and Performance in Berkeley Heights

WHY: To lose that 7-10 pounds the average American gains during the holidays

YOU WILL RECEIVE:

- 3- body composition analyses (at start, midway, finish) \$75 value
- Personal Assessment(New Clients) \$89 value
- Fat Loss Nutrition Packet
- Nutrition/Accountability Meeting (Dates/times to be scheduled)
- All NEW clients receive \$100 off any Fitness Program
- A chance to win \$1,800
- An awesome new body

ENTRY FEE: \$100 per person - cash or check only - (* a minimum of 15 teams required)

PRIZE: 1st Place team wins **\$ 1,800**, 2nd place wins **\$ 800**, 3rd place wins **\$400**